Do I Have Sinusitis?

Sinusitis is inflammation of the lining membrane of any sinus. Take the following quiz to see if you have sinusitis.

Choose "yes" if you have any of the following symptoms for ten days or longer; otherwise, choose "no."

1. Facial pressure/pain?
   yes  no

2. Headache pain?
   yes  no

3. Congestion or stuffy nose?
   yes  no

4. Thick, yellow-green nasal discharge?
   yes  no

5. Low fever (99-100°)?
   yes  no

6. Bad breath?
   yes  no
7. Pain in the upper teeth?

yes     no

If you answered "Yes" to three or more of the symptoms listed above, you may have a sinus infection resulting from allergies, bacteria, or a response to fungi. An examination by an ear, nose, and throat specialist may be warranted.

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