

Beverages

Coffee: Regular – Decaffeinated

Tea: Regular – Decaffeinated – Chamomile
Fresh Brewed Iced Tea

Hot Chocolate: Regular – Sugar Free

Milk: Whole – 1% - Skim – Lactaid – Soy

Soft Drink: Ginger-Ale – Diet Ginger-Ale - Seltzer

Juice & Fruits

Juice: Orange – Apple – Tomato – Cranberry

Fruit: Banana

Chilled Fruits: Peaches – Applesauce - Pears – Mandarin
Oranges

Yogurt

Regular: Plain – Vanilla

Lite: Peach

Cereal

Hot: Cream of Wheat

Cold: Corn Flakes – Crispy Rice – Total – Rice Chex

Breakfast Bakery

Muffins: Corn

Sliced Bread: Rye - White – Wheat

Plain Bagel - Kaiser Roll

Choice of: Smart Balance – Jelly - Diet Jelly – Butter –
Cream Cheese – Lite Cream Cheese – Natural Peanut Butter

Breakfast Entrees

Eggs: Scrambled - Egg Whites - Egg Substitute - Hard Boiled Egg

Omelet: Egg - Egg White - Egg Substitute

Ham – American Cheese – Swiss Cheese

Pancakes: Buttermilk – Banana Pancakes

French Toast: Plain – Banana

Syrup: Maple – Diet

Egg Sandwich: Scrambled – Egg Whites – Egg Substitute

Breads: White Bread – Wheat Bread – Kaiser Roll

Choice of Breakfast Meats: Ham – Diced Turkey

Cheese: American – Swiss

Soups

Soups: Campbell's Tomato – Chicken Rice

Broths: Beef – Chicken - Vegetable

Main Course

Chicken Francaise: Sautéed in a Lemon White Wine Sauce

Turkey with Gravy: Oven Roasted

Broiled Flounder: Dressed with Garlic Lemon Herb

Baked Salmon

Home Made Meatloaf: Served with Gravy

Sliced Roast Beef with mushroom gravy

Macaroni & Cheese: Macaroni in Creamy Cheese Sauce

Penne or Linguini: Served with Butter Sauce or
Garlic and Olive Oil and a Touch of White Wine

Diced Marinated Chicken

Sides

Choice of: Dinner Roll – Mac & Cheese – Penne

Mashed Potatoes – Mashed Sweet Potatoes –

Brown Rice – Steamed White Rice –

Baby Carrots – Green Beans

From The Grill

Beef Burger

Turkey Burger

Grilled Cheese Sandwich

Choice of Cheese: American – Swiss

Choice of Bread: Rye – White – Wheat – Bun

Deli Specials

Classic Tuna / Chicken Salad Sandwich

Oven Roasted Turkey Sandwich

Slow Cooked Roasted Beef

Choice of Bread: Sliced White - Sliced Wheat -
Sliced Seedless Rye - Kaiser Roll

Choice of Cheese: American – Swiss

Condiments: Mustard – Mayo - Lite Mayo – Ketchup

Desserts

Angel Food Cake

Chocolate Angel Food Cake

Cheese Cake

Low-Fat Chocolate Mousse

Chilled Fruit: Peaches – Pears – Applesauce –
Mandarin Oranges

Cookies: Chocolate Chip – Lorna Doone –
Fig Newton – Graham Crackers

Gelatin: (Regular or Sugar Free) Strawberry or Orange

Ice Cream: Vanilla – Chocolate

Pudding: Vanilla – Chocolate – Rice

LOW RESIDUE DIET

Your physician has ordered a low residue diet for you; it is lower in fiber than a regular diet and may have been ordered due to digestive difficulties or after abdominal surgery. Foods high in fiber are limited such as raw fruits and vegetables, whole grain breads and cereals.

Our goal is to exceed your expectations. For this dedication we hope that if you receive a **“Press Ganey Survey”** we earn **5 out of 5** in your rating. If for any reason you would not rate your service a 5, please call or contact your Ambassador right away and let us know how we can improve our service to you

ROOM Number _____ Date _____

Please call 8-3463 (8-DINE) to place your meal order

(7/13)

Name: _____

LowRes

Diet: _____

Guests and Visitors Dining with Patients

Guests and visitors have the option to dine with the patient; the cost per meal is \$10.00 per person per meal. Simply visit one of our food establishments (The Market Place Café or Skyline Deli) to purchase a guest meal card. Select your meal preference from the Distinguished Dining Room Service Menu for Guests, and place your order after the patient places his/her order. Your guest meal card must be redeemed when your Ambassador delivers your meals.