Main Hospital Pediatric Pre-Operative Instructions

ARRIVAL TIME
Call 631-444-1002
One Business Day Prior To Surgery
Between 4pm & 9pm

ADDRESS
Main Hospital Building
Pre-Surgical Admissions
Level 4
101 Nichols Rd
Stony Brook NY 11794
Valet Parking $6 Day

Fasting
No Solid Food After Midnight or 6 Hours Prior To Procedure. No Gum or Candy

No Formula
For 6 Hours Prior To Procedure

Breast Milk
May Be Offered Until 4 Hours Prior To Your Arrival Time.

Clear Liquids
Such As Pedialyte, Water And Clear Juices Without Pulp Such As Apple Juice, White Grape Juice And Clear Jell-O Should Be Encouraged Until 2 Hours Prior To Arrival.

No Jewelry
All Piercings Must Be Removed. We Cannot Take Responsibility For Jewelry Brought To The Hospital.

Wear Glasses/Hearing Aides
Bring Cases, No Contacts

Parents
A Parent Should Remain In The Pre/Post Surgical Area While Their Child Is Having Surgery. One Parent May Remain With Their Child 24/7, if admitted.

Bring Your Co-Pay

Medications

Morning Medications (if applicable) may be taken with sips of water until 30 min. before arriving at the hospital.

Diabetes
Oral medications for diabetes should NOT be taken the morning of surgery. If your child takes Insulin, please contact your health care provider for specific instructions.

NSAIDS
Your child should NOT take any anti-inflammatory medications such as Advil, Motrin, or Ibuprofen for 7 days prior to your procedure. Tylenol (Acetaminophen) is OK

Playroom/Comfort
Admitted children will have access to the Playroom run by Child Life Services on the 11th floor from 9am—7pm. Parents may take advantage of respite services provided by the Ronald McDonald Respite Room on the 11th floor from 9am—9pm. Services include coffee, snacks, TV/couch, showers, toiletry supplies, laundry room, and pharmacy transportation.

Special Needs Children
Stony Brook Children's is committed to making everyone's surgical experience as pleasant as possible. If your child has special needs, physical or emotional, please let our staff know about them so we can do our best to care for your child.

For Additional Pre-Operative Information:
Call Our Automated Line (24/7): 631-638-1042 or www.stonybrookmedicine.edu/PreSurgicalAdmissions

Best Wishes For A Speedy Recovery From Your Pre-Operative Team
Deborah Richman MB ChB, Medical Director,
Teresa Carter NP, Christine Kane NP,
Madalina Vlase PA, Amy Dany NP,
Karen Sproul NP, Paul McGovern PA
Dianne Jaggon PA