

Heart Healthy

GF- Gluten Friendly

(V) Vegetarian

DF- No Dairy Added

Monday 1/6/2025	Tuesday 1/7/2025	Wednesday 1/8/2025	Thursday 1/9/2025	Friday 1/10/2025
Chicken Meatbal Peperonata		Chicken Cordon Bleu	Chicken Mozzarella	Chicken Curry
Pesto Shrimp Pas	ta Grilled Salmon GF	Parmesan Tilapia	Crusted Cod	Orange Ginger Salmon GF
Employee Meal	Employee Meal	Employee Meal	Employee Meal	Employee Meal
Stuffed Quinoa Peppers (V) GF	Penne Alla Vodka (V)	White Bean Chili (V)	Grilled Chicken Broccoli Farfalle	Manicotti w/ Spinach Alfredo (V)
reppers (v) di	(0)	Side Items	Dioccon i ariane	Spinacii Airiedo (V)
Sazon Rice GF	Toasted Orzo	Seasoned Rice GF	White Rice GF	Toasted Orzo
Mashed Potatoes ©	Herb Roasted Fingerling Potatoes GF,DF	Roasted Potatoes GF,DF	Mashed Potatoes GF	Yukon Gold Mashed Potatoes GF
Carrots GF	Broccoli Au Gratin GF	Parm Crusted Cauliflower GF	Brussel Sprouts GF	Garlic Green Beans GF
Bermuda Blend Vegetables GF,DF	Five Way Mixed Vegetables GF,DF	Chef Blend Vegetables GF,DF	Malibu Blend Vegetables GF,DF	Capri Blend Vegetables GF,DF
Macaroni & Chees	e Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese
		Soups of the Day		
Chicken Ditalini	Beef Noodle	Chicken Noodle	Roasted Red Pepper & Smoked Gouda (V)	Lemon Chicken Orzo
Tomato Bisque (V)	Cream of Broccoli (V)	Tuscan Vegetable (V) GF,DF	Cream of Chicken	Black Bean (V) GF,DF
Wings Station	Mashed Potato Bar GF	Specialty Station Wings Station Autumn Bowl	* Contains Pork* Baked Potato Bar	Wings Station
Chicken Caprese Salad	Chicken Caprese Salad	Chicken Caprese Salad	Chicken Caprese Salad	Chicken Caprese Salad
Grilled Cheese Bar	Taco Tuesday	Chef Table Steak & Eggs	Pork Loin Platter	Chicken Fajitas w/ Spanish Rice