

Heart Healthy

GF- Gluten Friendly

(V) Vegetarian

DF- No Dairy Added

Monda 3/3/202		Wednesday 3/5/2025	Thursday 3/6/2025	Friday 3/7/2025
Chicken Mea Peperona	atball Apricot Chicken	Chicken Cordon Bleu	Chicken Mozzarella	Spaghetti & Meatballs
Pesto Shrimp	Pasta Grilled Salmon GF	Parmesan Tilapia	Crusted Cod	Tuscany Salmon GF
Employee Me	eal Employee Meal	Employee Meal	Employee Meal	Employee Meal
Penne Ala V (V)	odka Stuffed Quinoa Peppers (V) GF	Manicotti (V)	Grilled Chicken Broccoli Farfalle	White Bean Chili (V)
Rotisserie Ch	icken Rotisserie Chicken	Rotisserie Chicken	Rotisserie Chicken	Rotisserie Chicken
<u>Side Items</u>				
Sazon Rice	GF Seasoned Rice GF	Toasted Orzo	Rice & Beans	Basmati Rice GF
Mashed Potate	oes GF Potato Medley GF	Roasted Potatoes GF,DF	Mashed Potatoes GF	Herb Fingerling Potatoes GF
Carrots G	F Broccoli GF	Parm Crusted Cauliflower GF	Brussel Sprouts GF	Garlic Green Beans GF
Bermuda Bl Vegetables G	- · ·	Chef Blend Vegetables GF,DF	Malibu Blend Vegetables GF,DF	Capri Blend Vegetables GF,DF
Macaroni & C	heese Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese
		Soups of the Day		
Chicken Dita	alini Beef Noodle	Chicken Noodle	Roasted Red Pepper & Smoked Gouda (V)	Lemon Chicken Orzo
Tomato Bisqu	re (V) Cream of Broccoli (V)	Tuscan Vegetable (V) GF,DF	Cream of Chicken	Black Bean (V) GF,DF
		Specialty Station		
Wings Stat	ion Hot Dog Bar	Wings Station	Baked Potato Bar * Contains Pork *	Wings Station
		<u>Deli Station</u>		
Deli Sandwi	ches Deli Sandwiches	Deli Sandwiches	Deli Sandwiches	Deli Sandwiches
		Chef Table		
Grilled Che Bar	eese Taco Tuesday	Stony Brook Cobb Salad	Italian Sub	Chicken Fajitas w/ Spanish Rice
Discoulative meaning by an if you have an allower before auditing				