

Cycle 1	Heart Healthy	Stony Brook Medicine			
	Monday 6/24	Tuesday 6/25	Wednesday 6/26	Thursday 6/27	Friday 6/28
Entrée	Chicken Meatball Peperonata	Apricot Chicken	Beef Barbacoa	Chicken Carbonera	Beef Chili
Heart Healthy Entrée	♥ Tuscan Shrimp Pasta	♥ Grilled Salmon	♥ Parmesan Tilapia	♥ Herb Crusted Cod <small>contains Pork</small>	♥ Linguine with White Clam Sauce
Employee Meal	Employee Meal Pierogis (V)	Employee Meal Penne Alla Vodka (V)	Employee Meal Mushroom Bake (V)	Employee Meal Spinach Frittata (V)	Employee Meal Manicotti (V)
Starch	White Rice <small>No Gluten Added</small>	Creamy Orzo	Seasoned Rice	Rice Pilaf <small>No Gluten Added</small>	Basmati Rice <small>No Gluten Added</small>
Starch	Mashed Potatoes <small>No Gluten Added</small>	Roasted Potatoes <small>No Gluten Added</small>	Roasted Red Bliss Potatoes <small>No Gluten Added & Dairy Free</small>	Scalloped Potatoes <small>No Gluten Added</small>	Yukon Gold Mashed Potatoes <small>No Gluten Free</small>
Vegetable	Bermuda Blend Vegetables <small>No Gluten Added</small>	5 Way Blend Mixed Vegetables <small>No Gluten Added</small>	Chef Blend Vegetables <small>No Gluten Added</small>	California Blend Vegetables <small>No Gluten Added</small>	Capri Blend Vegetables <small>No Gluten Added</small>
Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese
Soup	Tomato Bisque (V)	Cream of Broccoli (V)	Chicken Noodle	Roasted Red Pepper & Smoked Gouda (V)	Lobster Bisque
Hot Summer Salad	Asian Orange Chicken Salad	Asian Orange Chicken Salad	Asian Orange Chicken Salad	Asian Orange Chicken Salad	Asian Orange Chicken Salad
Chef Table	Grilled Cheese Bar	Taco Tuesday	Strawberry Jalapeño Chicken	Nacho Bar	Lobster & Shrimp Roll

Please let your server know if you have an allergy before ordering

Menu Subject to Change