Cycle 1	Heart Healthy Stony Brook Medicine				
	Monday	Tuesday	Wednesday	Thursday	Friday
	7/22	7/23	7/24	7/25	7/26
Entrée	Chicken Meatball Peperonata	Apricot Chicken	BBQ Chicken	Sloppy Joe's	Chicken Cordon Bleu
Heart Healthy Entrée	♥ Tuscan Shrimp Pasta	Grilled Salmon	♥ Parmesan Tilapia	contains Pork  Crusted Cod	Linguine with White Clam Sauce
	Employee Meal	Employee Meal	Employee Meal	Employee Meal	Employee Meal
Employee Meal	Pierogis (V)	Penne Ala Vodka (V)	Mushroom Bake (V)	Spinach Frittata (V)	Manicotti (V)
Starch	White Rice No Gluten Added	Rice Pilaf	Seasoned Rice	Toasted Orzo	Rice & Beans
Starch	Mashed Potatoes	Egg Noodles	Scalloped Potatoes	Roasted Red Potatoes	Yukon Gold Mashed Potatoes
	No Gluten Added	No Gluten Added	No Gluten Added	No Gluten Added	No Gluten Free
Vegetable	Corn	Broccoli	Cauliflower	Garlic Green Beans	Spinach
Vegetable	Bermuda Blend Vegetables	5 Way Blend Mixed Vegetables	Chef Blend Vegetables	Malibu Blend Vegetables	Capri Blend Vegetables
Mac & Cheese	No Gluton Added  Mac & Cheese	No Gluten Added  Mac & Cheese	No Gluten Added  Mac & Cheese	No Gluton Added  Mac & Cheese	No Gluten Added  Mac & Cheese
dnos	Tomato Bisque (V)	Cream of Broccoli (V)	Chicken Noodle	Roasted Red Pepper & Smoked Gouda (V)	Lobster Bisque
Hot Summer Salad	Watermelon Feta Chicken Salad	Watermelon Feta Chicken Salad	Watermelon Feta Chicken Salad	Watermelon Feta Chicken Salad	Watermelon Feta Chicken Salad
Chef Table	Grilled Cheese Bar	Taco Tuesday	Breakfast for Lunch	Nacho Bar	Lobster & Shrimp Roll
	Please let your server know if you have an allergy before ordering			Menu Subject to Change	