<b>*</b> Stony	Brook Medicine	Heart Healthy		
Monday 10/7/2024	Tuesday 10/8/2024	Wednesday 10/9/2024	Thursday 10/10/2024	Friday 10/11/2024
Bourbon Glazed Beef	Chicken Bruschetta	Pulled Pork	Chicken Picatta	Chicken Tiki Masala
Caribbean Shrimp & Rice	Grilled Salmon	<ul> <li>Crab Cakes</li> </ul>	Potato Crusted Cod	<ul> <li>Tilapia Oregenata</li> </ul>
Employee Meal Grilled Vegetable Rigatoni (V)	Employee Meal Ravioli w/ Sausage & Broccoli Rabe	Employee Meal Stuffed Shells w/ Basil Cream Sauce(V)	Employee Meal Mushroom Ravioli (V)	Broccoli Cheese Quiche (V)
	*contains pork*	<u>Side Items</u>		
Egg Noodles	Seasoned Rice	Three Onion Rice	Creamy Orzo	White Rice
Scalloped Potatoes	Roasted Potatoes	Herb Fingerling Potatoes	Yukon Gold Mashed Potatoes	Garlic Mashed Potatoes
Creamed Spinach	Ginger Sesame String Beans	Balsamic Parmesan Broccoli	Buffalo Cauliflower	Roasted Butternut Squash with Craisins
Bermuda Blend Mixed Vegetables	Five Way Mixed Vegetables	Capri Blend Vegetables	California Blend Vegetables	Capri Blend Vegetables
Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese
Chicken Noodle	Chicken Gumbo	Soups of the Day Beef Noodle	Roasted Red Pepper & Smoked Gouda (V)	Tomato Bisque
Lentil (V)	Cream of Spinach (V)	Broccoli Cheddar(V)	Beef Barley	Split Pea & Ham
				*contains pork*
Purple Rice Harvest Grain Bowl	Purple Rice Harvest Grain Bowl	Purple Rice Harvest Grain Bowl	Purple Rice Harvest Grain Bowl	Purple Rice Harvest Grain Bowl
		<u>CHEF TABLE</u>		
French Toast Chicken Sandwich	Taco Tuesday	Chicken Thai Chili Rice Bowl	Quesadilla	Sour Dough BLT w/ Avocado
Please let your server know if you have an allergy before ordering			Menu Subject to Change	