

During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery.

DIET:

Kosher, Carbohydrate-Controlled

If you have any questions regarding our Kosher services, please contact your nurse who can direct you to the Hospital's Jewish Chaplain and Rabbi at: (631) 786-6535

To place your order, please choose:

One (1) **Main Course**

Up to Five (5) **Sides**

Three (3) **Beverages**

1. Dial 8-3463 (8-DINE), or (631) 638-3463 from your cell phone, between the hours of 7am and 7pm.
2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
3. Place your order. Your specifically prepared meal will be served to you 60-90 minutes of your request.

SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for your diet. If you are on a special or restricted diet, our Room Service Associate would be happy to assist your with your meal selection. For your safety, we will accept your menu selections after your physician has entered your diet order.

Enjoy Seamless Dining at Your Fingertips!

To get started:

1. Scan the QR code, download, and install the app.
2. Create your account and log in, entering the Facility ID (**sbuh11794**), the patient's Billing ID (or Encounter #), and Date of Birth
3. Start exploring a selection of options to meet your nutritional needs and place your order effortlessly
4. Our self-ordering Patient app may not be suitable for your diet order. Please call our Call Center to speak with a representative who can guide you through your available selections.



CBORD Patient
The CBORD Group, Inc.
Facility ID: sbuh11794

We Need Your Feedback!

If you receive a patient satisfaction survey in the mail, please fill it out and return it. Your opinion counts!

Breakfast

BEVERAGES

Coffee (Instant) : Regular | Decaffeinated

Tea: Chamomile

Hot Chocolate: No Sugar Added (11g)

Milk: Whole (7g) | Skim (7g) | Lactaid (14g) | Vanilla Soy Milk (18g) |

Soda: Diet Ginger Ale | Seltzer

CONDIMENTS

Butter | Smart Balance | Ketchup (3g) | Diet Jelly (2g) | Cream Cheese (1g) | Salt | Pepper
Lite Cream Cheese | Peanut Butter (5g) | Coffee Creamers | Splenda | Equal | Sweet & Low
Diet Syrup (5g) | Herb Seasoning | Salsa (2g) | Sour Cream | Mustard | Mayonnaise Light
Mayonnaise

MAIN COURSE (please choose 1)

Egg Omelet : Served with Diced Home-Fried Potatoes (9g)

FRUIT

Banana (27g) | Orange (15g) | Apple (25g) | Applesauce (12g)

YOGURT

Lite: Strawberry (13g) | Peach (13g) | Vanilla (13g) | Blueberry (13g) | Plain (12g)

COLD CEREAL

Kellogg's Corn Flakes (18g) | Kellogg's Rice Krispies (16g) | Cheerios (14g)

Raisin Bran (28g) | Rice Chex (16g)

BREAKFAST BAKERY

Bagel: Lender's Plain Bagel (30g)

Bread: White (14g)

Lunch & Dinner

KOSHER MEAL PACKS

The following entrees are pre-packaged frozen kosher items that are heated in our microwave.

Baked Chicken: Served with Roasted Potatoes & Green Beans (27g)

Roasted Turkey: Served with Sweet Potatoes & Green Peas (46g)

Salisbury Steak: Served with Creamy Mashed Potatoes, Green Peas & Carrots (35g)

Baked Fish with Lemon: Served with Rice Pilaf & Green Beans (35g)

Chicken of the Sea™ Tuna (Individual Packets) (0g)

DESSERTS:

Cookies: Graham Crackers (11g)

Kozy Shack™ Kosher (Pareve) Gelatin: (Sugar-Free) Strawberry (2g) | Orange (2g)

Kozy Shack™ Pudding: No Sugar Added Chocolate (13g)

No Sugar Added Vanilla (13g) | No Sugar Added Rice Pudding (14g)

Ice Cream: No Sugar Added Vanilla (20g) | No Sugar Added Chocolate (18g)

Italian Ice: No Sugar Added Lemon (20g)