Breakfast

MAIN COURSE

(Please choose 1)

Eggs: Scrambled Egg Whites

Omelet: Egg White

Choice of 4 Toppings: Red Onions | Broccoli | Spinach | Peppers

Mushrooms

SIDE ITEMS

(Please choose 4)

FRUIT:

Whole Fruit: Banana | Orange | Apple

Chilled Fruit: Seasonal Melon | Grapes

CEREAL:

Oatmeal | Cinnamon Oatmeal | Cream of Wheat Oatmeal Package | Cream of Wheat Package

During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery.

DIET:

Low-Iodine

To place your order, please choose:

One (1) Main Course
Up to Five (5) Sides
Three (3) Beverages

- . Dial 8-3463 (8-DINE), or (631) 638-3463 from your cell phone, between the hours of 7am and 7pm.
- Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
- 9. Place your order. Your specifically prepared meal will be served to you 60-90 minutes of your request.

SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for your diet. If you are on a special or restricted diet, our Room Service Associate would be happy to assist your with your meal selection. For your safety, we will accept your menu selections after your physician has entered your diet order.

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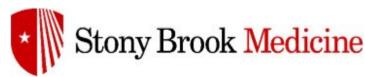
For your safety, we will accept your menu selections only after your physician has entered your diet order.

We Need Your Feedback!

If you receive a patient satisfaction survey in the mail, please fill it out and return it. Your opinion counts!

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	91-3
NAME:	
ROOM #:	
DATE:	



Lunch & Dinner

DIET: Low-Iodine

MAIN COURSE

(Choose 1)

Grilled Chicken Breast

Oven Roasted Turkey with Gravy

SIDES:

Penne Pasta | Carrots | Broccoli | Corn | Sautéed Spinach Green Beans

Tomato Soup

Salads: Garden Salad | Vegetable Sticks Cucumber Slices

Dressings: Diet Italian | Olive Oil | Red Wine Vinegar