



Name _____

DOB _____

Phone _____

Insurance/ID number _____

Please complete **EVERY section** of this form.

Have patient bring this form to visit, and fax it to 631-444-4267

Patient can NOT be seen without fully completed form.

PHYSICIAN REFERRAL FORM
Stony Brook Medicine Diabetes Education

Diabetes Diagnosis:

- Type 1, no complications= E10.9 Type 1, w/hyperglycemia= E10.65
- Type 2, no complications= E11.9 Type 2, w/hyperglycemia= E11.65
- Gestational Diabetes= 024.429 Pre-Existing DM with Pregnancy= 024.319 Pre-diabetes= R73.03

Indicate one or more reason for referral:

- New diagnosis
- Recurrent elevated blood glucose levels
- High risk due to Diabetes Complications/Co-morbid conditions:
 - Retinopathy Neuropathy Nephropathy Gastroparesis Hyperlipidemia
 - Hypertension Cardiovascular disease other _____
- Change in DM treatment regimen
- Recurrent Hypoglycemia

Education Referral Needed for: Comprehensive Diabetes Self-Management Education/Support (DSMES)- Medicare: 10 hours initial DSMES in 12-month period, plus 2 hours follow-up DSMES annually.

- Initial DSMES (group or individual) (G0109 or G0108)- 10 hrs/ all 10 contents
- Follow-up (individual) DSMES (1:1 RD, CDE or RN, CDE) (G0108)- 2 hrs./year
- Initial Medical Nutrition Therapy (individual w/RD, CDE) (97802)- 3 hrs. 1st year
- Follow up Medical Nutrition Therapy (individual w/RD, CDE) (97803)- 2 hrs./year

*** DSMES Content**

All ten topics/content areas

- Diabetes as disease process Monitoring diabetes Psychological adjustment Physical activity
- Nutritional management Goal setting, problem solving Medications
- Acute complications- Prev. detection and treatment Chronic complications- Prev. detection and treatment
- Preconception/pregnancy- Management or gestational

Specific Topics and Hours if needs vary from above: _____

Indicate any existing barriers to group training requiring individual education:

- Impaired mobility Impaired vision Impaired hearing Impaired dexterity Language barrier Eating disorder
- Impaired mental status/cognition Learning disability 1:1 Insulin Training OTHER (please specify): _____

Current Treatment:

- Diet & Exercise Oral Agents Insulin

***DSME can be ordered by an MD, DO or mid-level provider managing the patient's diabetes.
MNT can *only* be ordered by MD.**

I hereby certify that I am managing this beneficiary's Diabetes condition and that the above prescribed training is a necessary part of management.

Physicians' Signature: (Required) _____ Date _____

Physician's Name (Printed): _____ NPI (Required): _____ Date _____